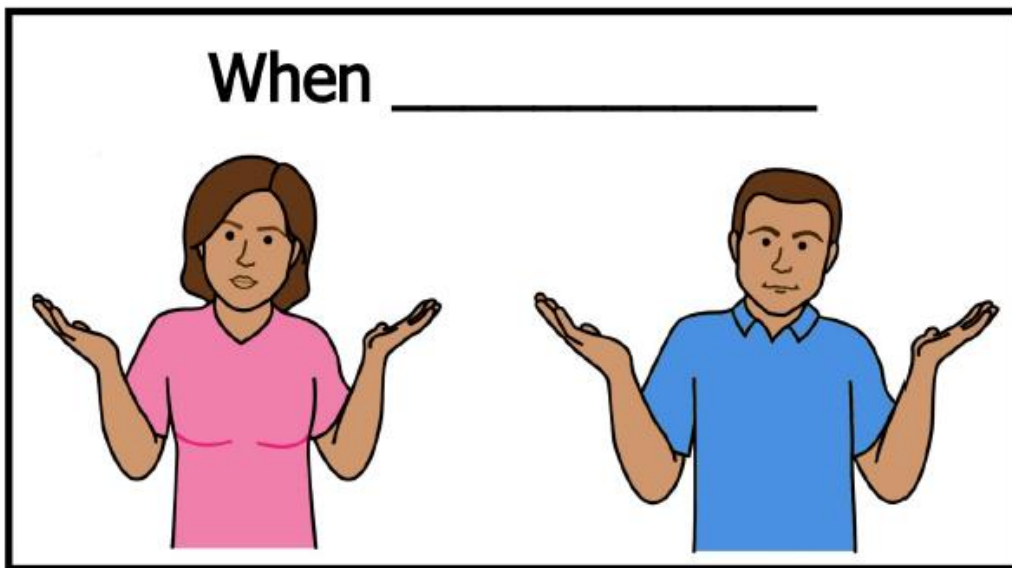
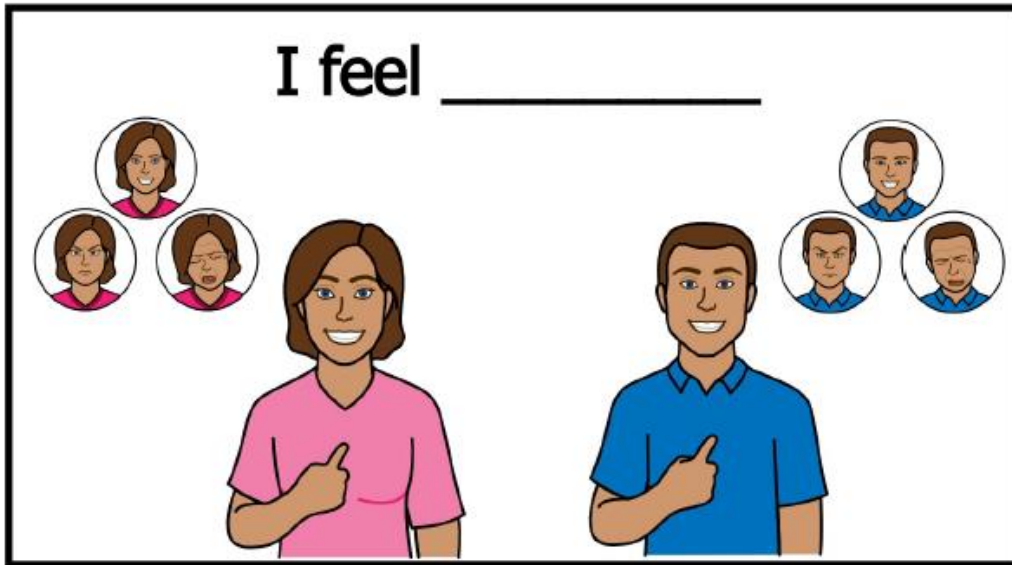
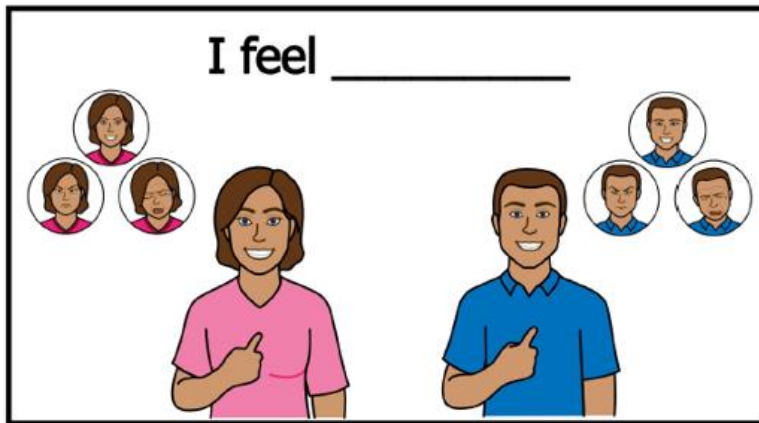
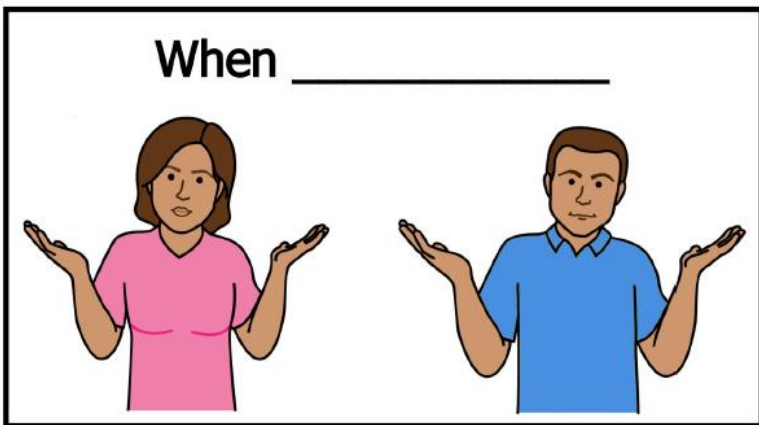


“I” Statements





Say how you feel.
Use an emotion word.



Say what happened
to make you feel
that way.

I feel mad **when** you treat me like a child.

I feel happy **when** we get pizza for dinner.