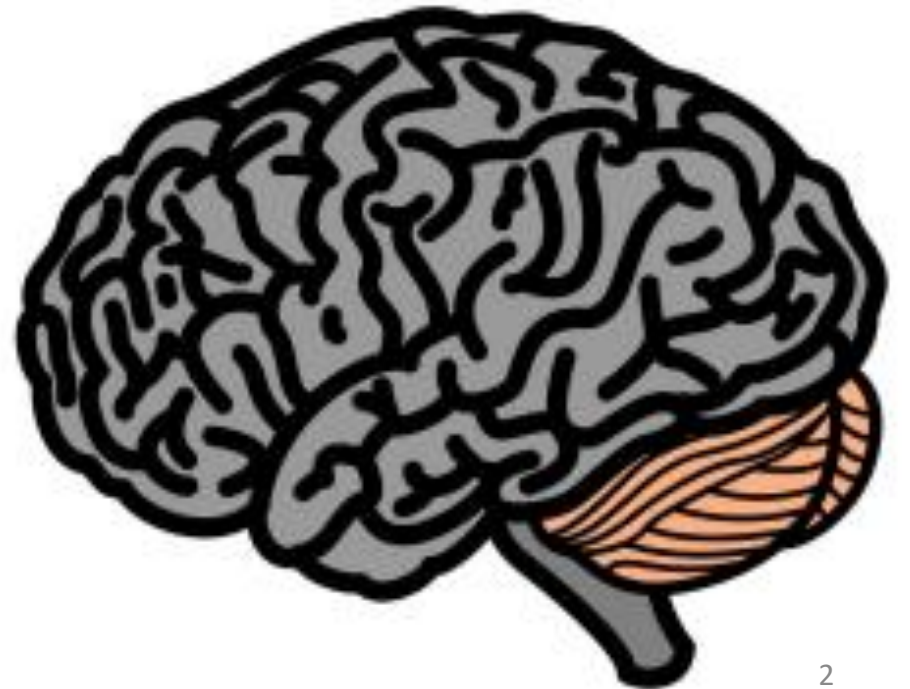


# What is Alzheimer's disease?

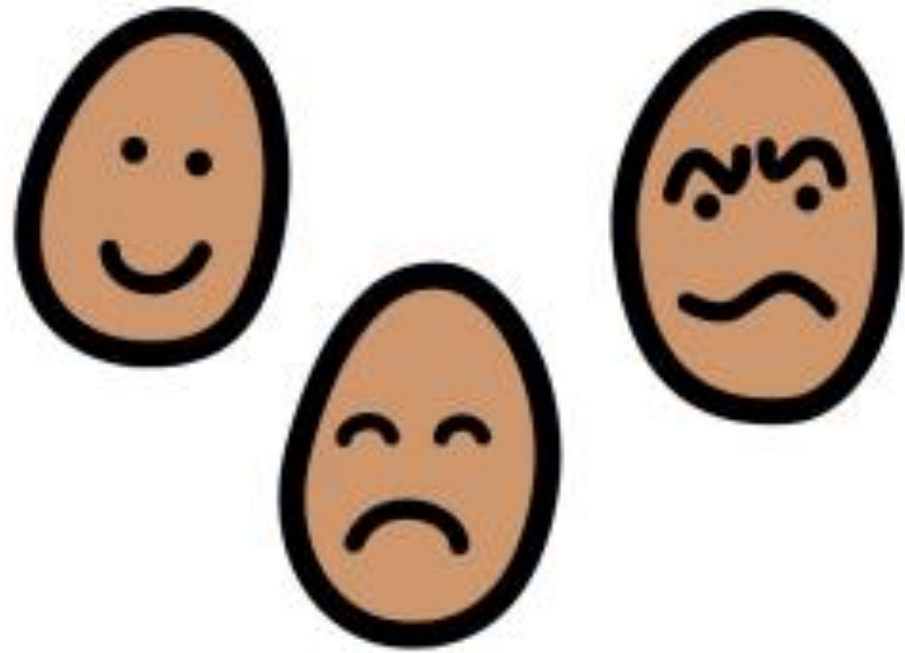
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My roommate has a disease called Alzheimer's disease.



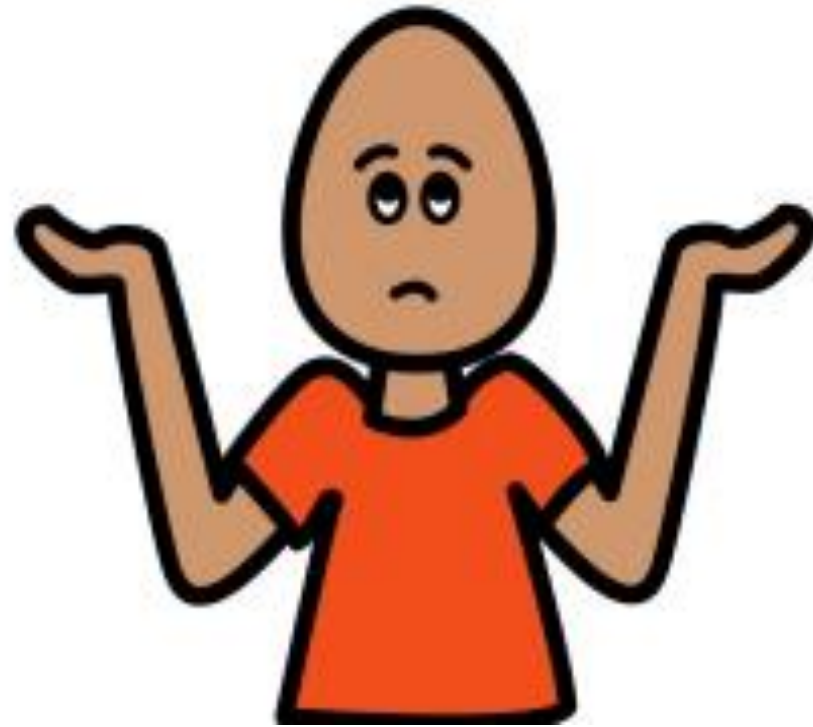
Alzheimer's disease affects thinking, memory, mood, and behavior. I cannot catch Alzheimer's disease from my roommate.





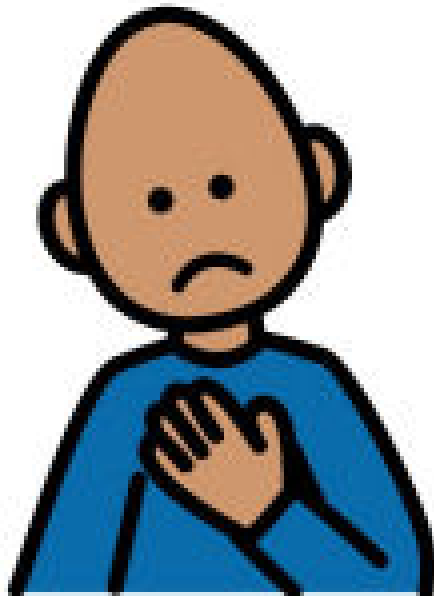
I might notice that  
my roommate acts  
differently  
sometimes.

They might forget things or get frustrated. They may not be able to do all the things they used to do.



Some days my roommate will be happy and remember things. Some days they will not.





My roommate is not mad at me. My roommate is not bad.

I might feel  
upset about my  
roommate's  
behavior.

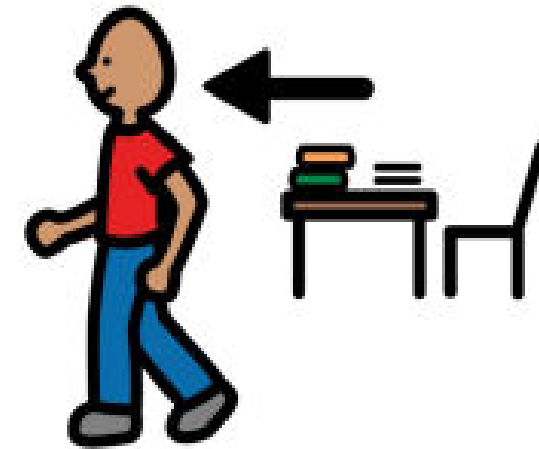




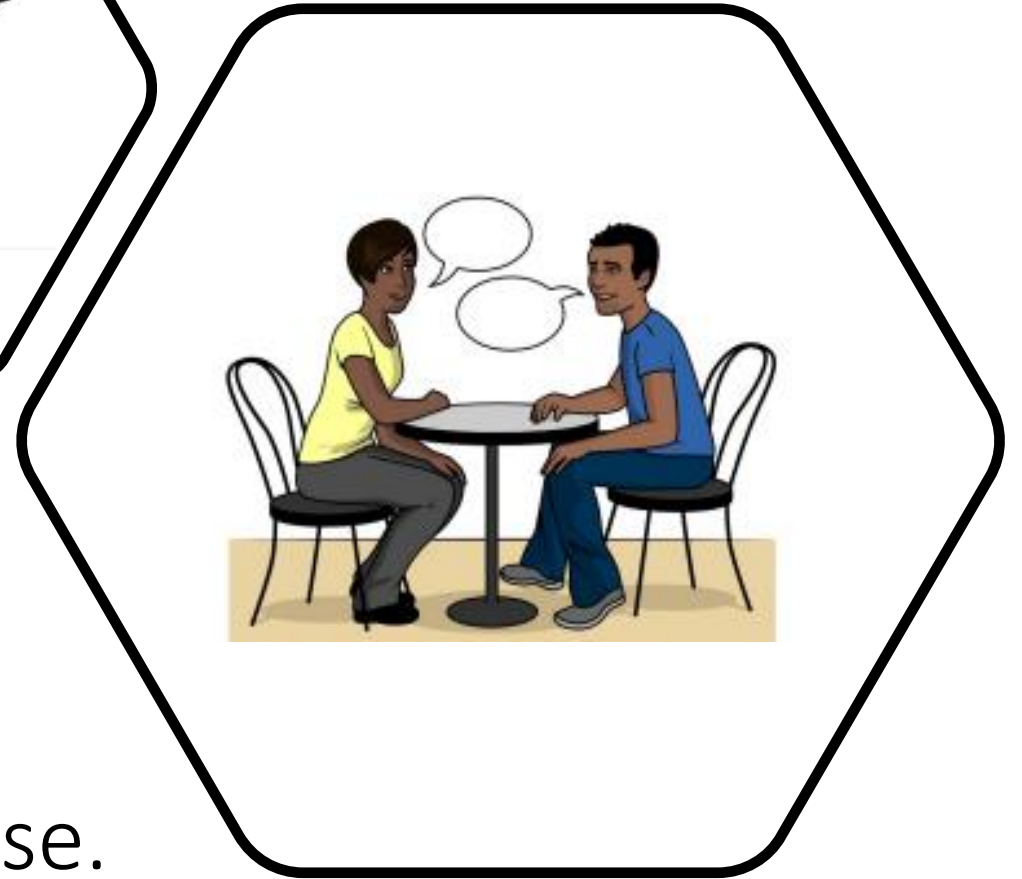
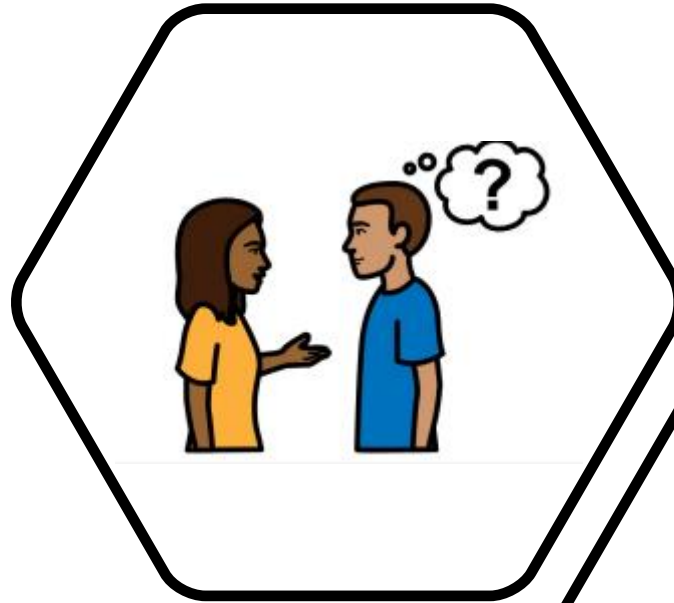
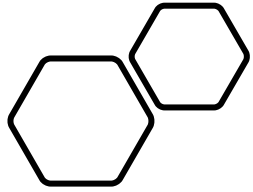
When I feel upset, I  
can talk to someone  
I trust about my  
feelings.



I can find ways to help my roommate. I can also ask for space or a break if I need it.



take a break



I can talk about any feelings or questions I have about my roommate and Alzheimer's disease.

Find more resources in our online library:  
[adscresources.advocatehealth.com](https://adscresources.advocatehealth.com)