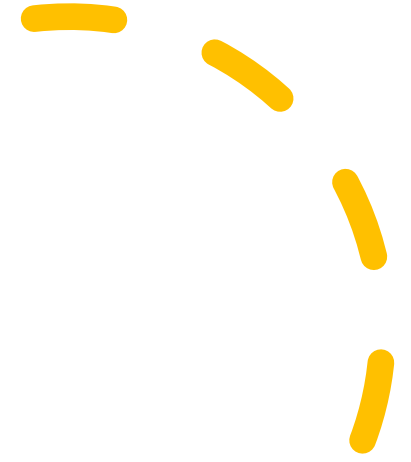


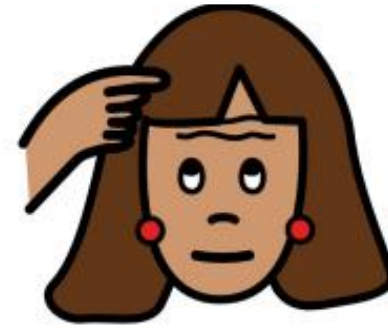
# What is Alzheimer's disease?

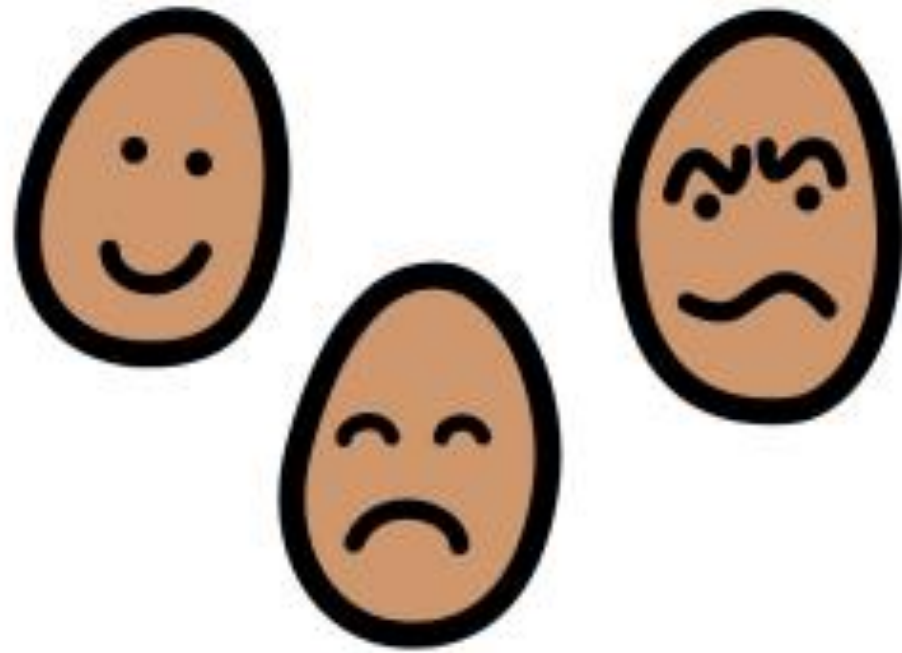
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My friend has a disease called Alzheimer's disease.



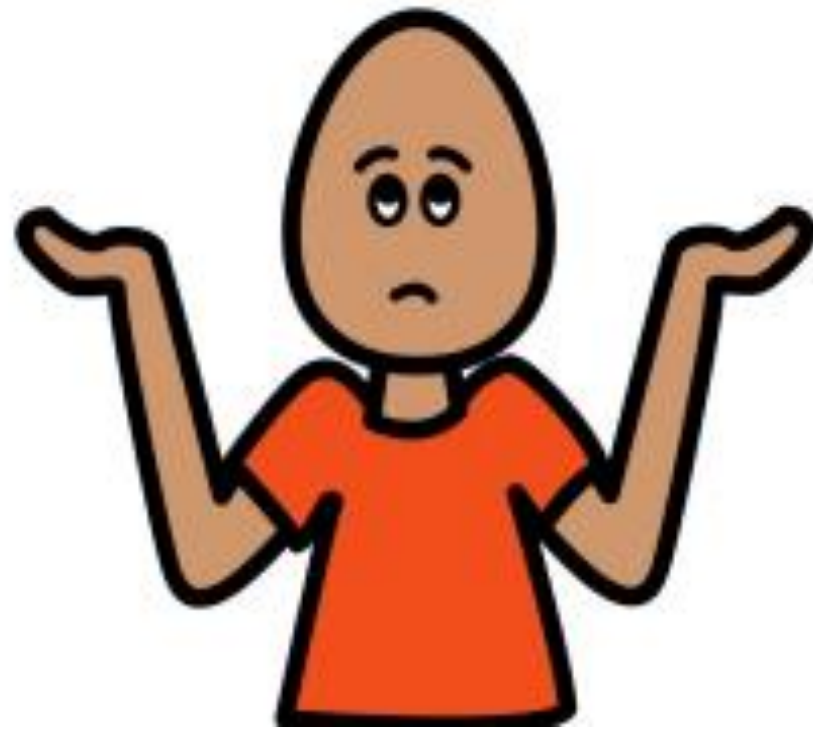
Alzheimer's disease affects thinking, memory, mood, and behavior. I cannot catch Alzheimer's disease from my friend.





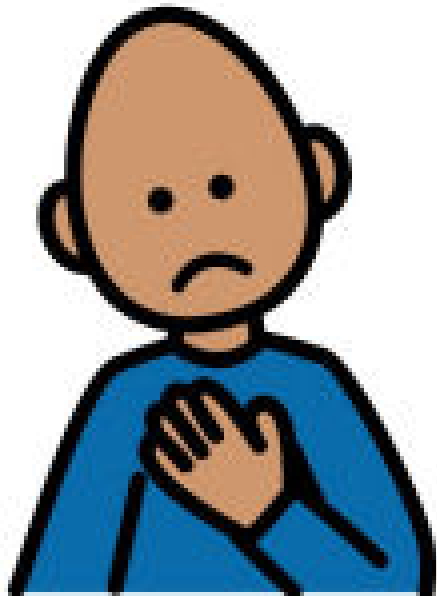
I might notice that  
my friend acts  
differently  
sometimes.

They might forget things or get frustrated. They may not be able to do all the things they used to do.



Some days my friend will be happy and remember things. Some days they will not.





My friend is not  
mad at me. My  
friend is not bad.

I might feel  
upset about my  
friend's  
behavior.

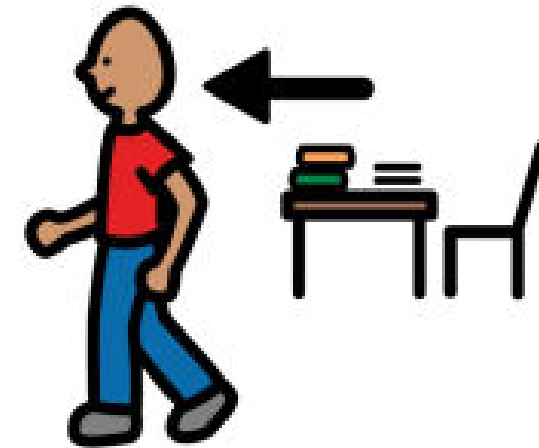




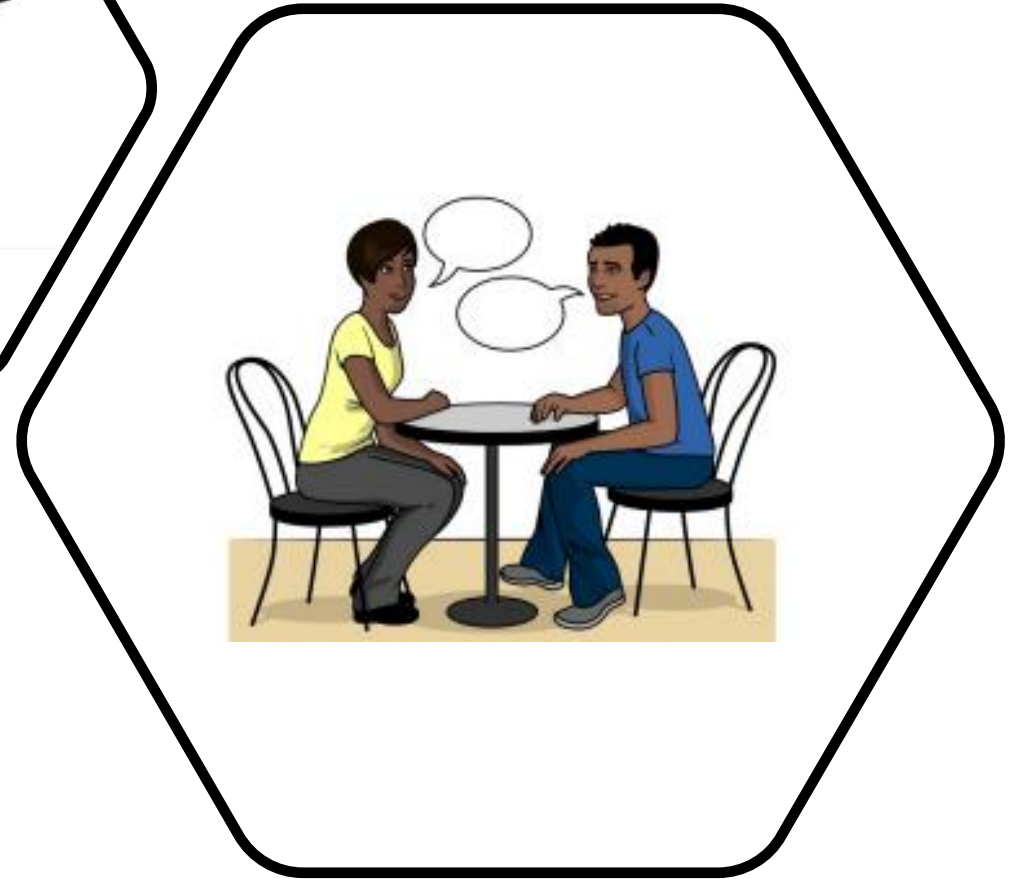
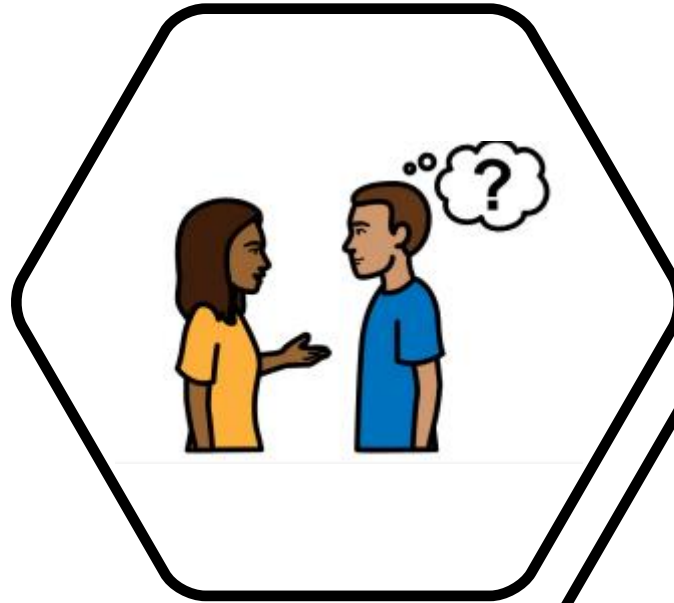
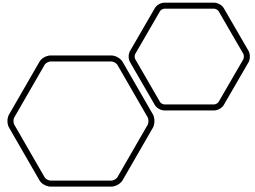
When I feel upset, I  
can talk to someone  
I trust about my  
feelings.



I can find ways to help my friend. I can also ask for space or a break if I need it.



take a break



I can talk about any feelings or questions I have about my friend and Alzheimer's disease.

Find more resources in our online library:  
[adscresources.advocatehealth.com](https://adscresources.advocatehealth.com)