

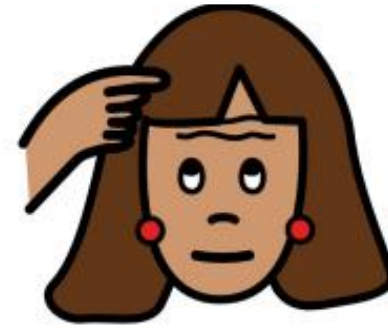
# What is Alzheimer's disease?

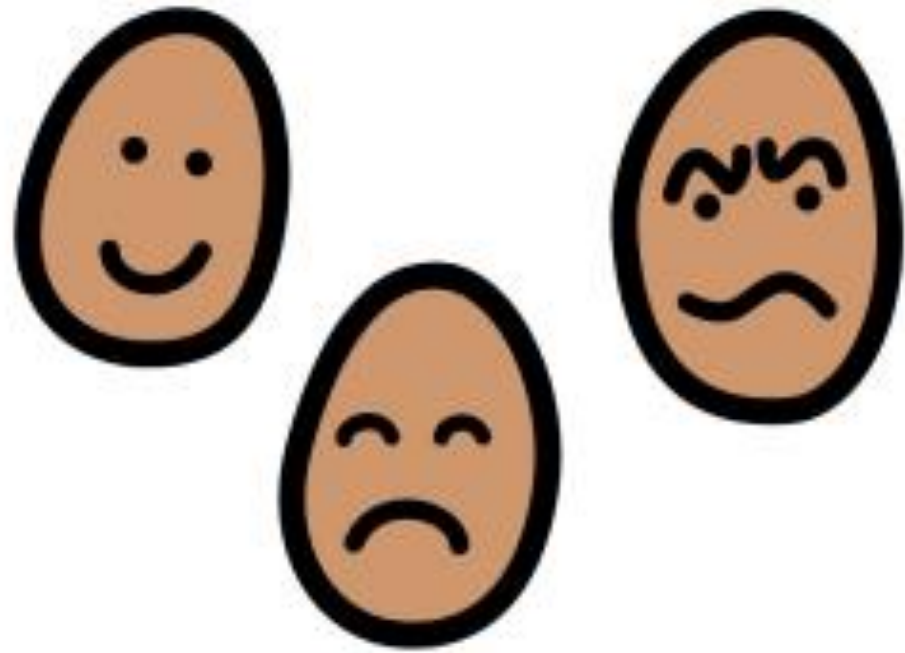
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My family member has  
a disease called  
Alzheimer's disease.



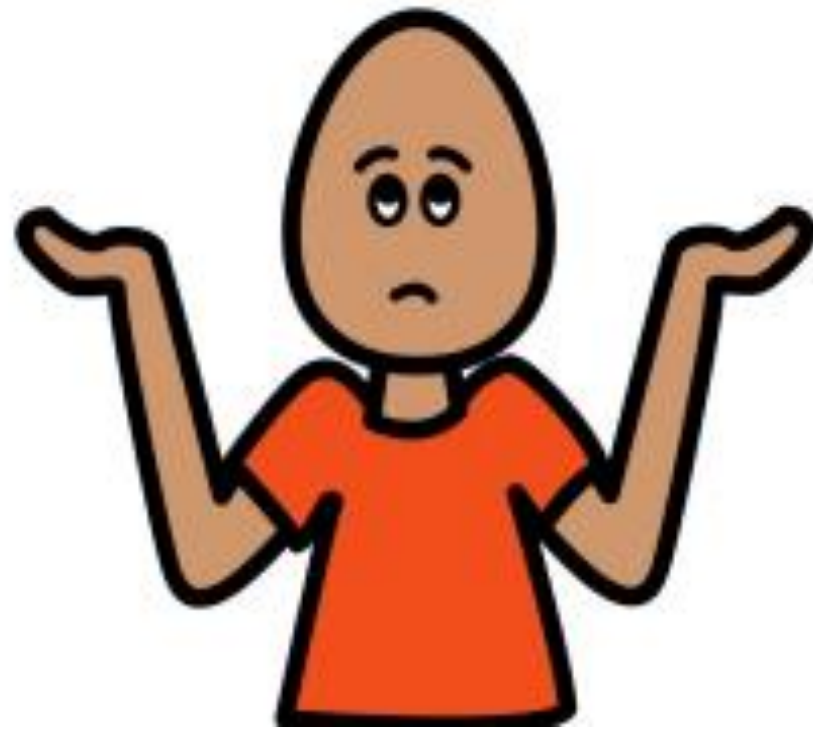
Alzheimer's disease affects thinking, memory, mood, and behavior. I cannot catch Alzheimer's disease from my family member.





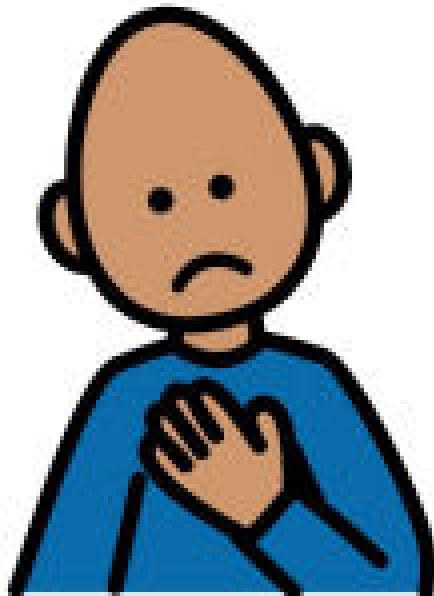
I might notice that  
my family member  
acts differently  
sometimes.

They might forget things or get frustrated. They may not be able to do all the things they used to do.



Some days my family member will be happy and remember things. Some days they will not.





My family member  
is not mad at me.  
My family member  
is not bad.

I might feel  
upset about my  
family member's  
behavior.

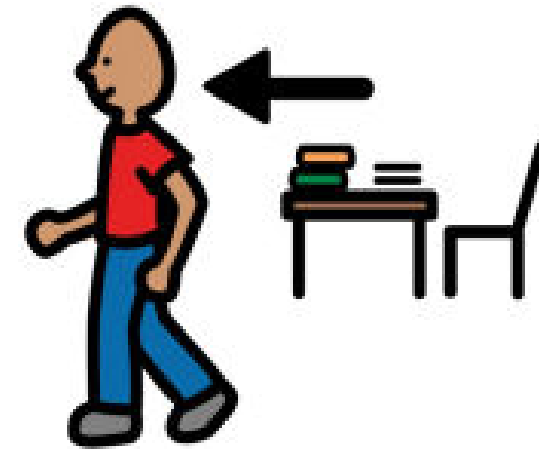




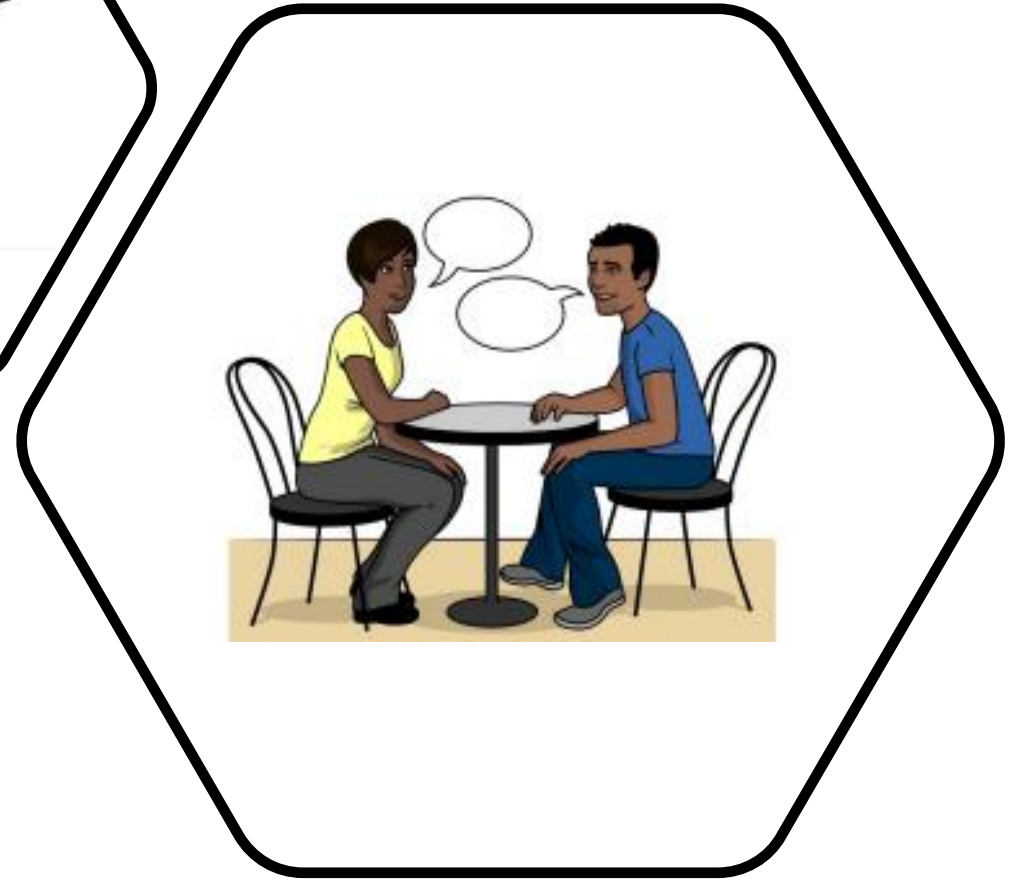
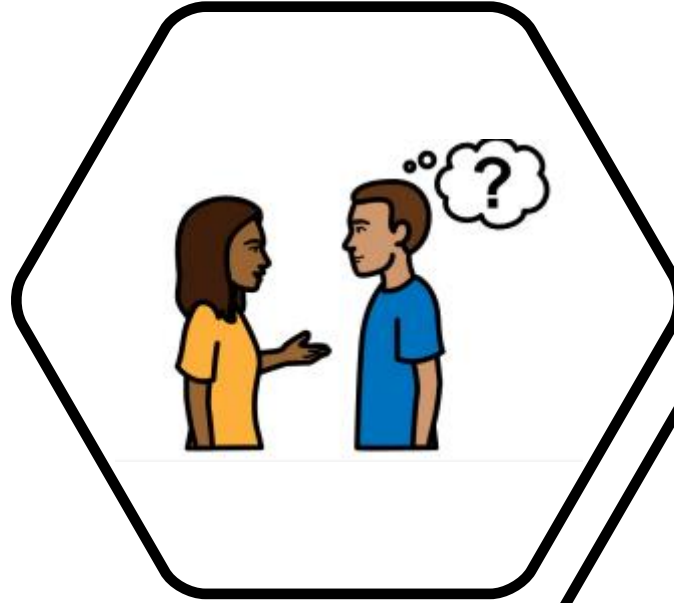
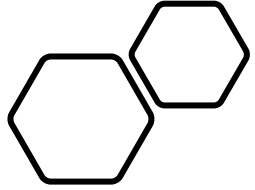
When I feel upset, I  
can talk to someone  
I trust about my  
feelings.



I can find ways to help my family member. I can also ask for space or a break if I need it.



take a break



I can talk about any feelings or questions I have about my family member and Alzheimer's disease.

Find more resources in our online library:  
[adscresources.advocatehealth.com](https://adscresources.advocatehealth.com)